

# Natural Bed Company

Assembly Instructions for [Nevada](#), [Sonora](#), [Sahara](#), [Malabar](#),  
[Tibet](#), [Sol](#) and [Tao](#) Wooden Beds  
Single (.90x1.90m)



Items included in bed flat pack are:

- 1 x headboard
- 1 x footboard
- 2 x side rails
- 1 x set of sprung beech slats
- 1 x set of double sprung beech slats with sliders
- 1 x set of plastic end caps (2 per slat)
- Fixings:      4x threaded bolts      4x half-moon washers
- 4x nuts                      1x spanner
- 8x wooden dowels

A sheet of rubberised non-slip matting is also included to keep your mattress from sliding.

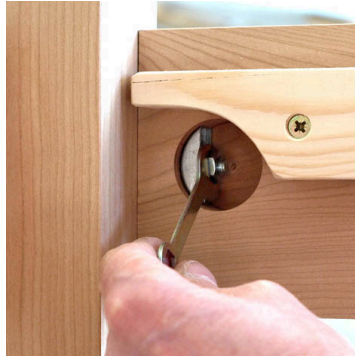
1. Place the wooden dowels in the outer holes at the ends of the side rails, tap these in securely.
2. Screw the four threaded bolts into the middle holes of the legs of the headboard and footboard panels. (See images below)



3. Attach the side rails to the footboard legs (see image on the previous page), using the half-moon washer and the nut, then loosely secure with the spanner

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provided (see image below). In the same way attach the side rails to the headboard to create a full bed frame.



4. Ensure the frame is 'square' then fully tighten all of the nuts with the spanner.
5. Attach the end caps to the sprung slats (see first image below). An end-cap slots on to each end of the slat (ensure the slat curves up in the middle and the 'peg' on the end cap points downwards.)
6. Attach the slats to the bed frame by pushing the pegs of the end caps into the pre-drilled holes, which run along the upper side of the inner side rails. (See second image below)



Counting from the headboard end, the fourth slat will be a double slat (made up of an upper standard slat to which is attached a lower second slat via a plastic slider) – see image below. Slat 4-9 will be double slats, the others are standard single slats (see image below). Position the sliders at the outer edges of the slats.



7. Finally place the rubberised non-slip mat in the middle of the bed to prevent your mattress from sliding.

**We hope you enjoy your Natural Bed Company bed!**