Natural Bed Company

Zanskar Wooden Bed Assembly Instructions
Superking Size (1.80x2.00m)

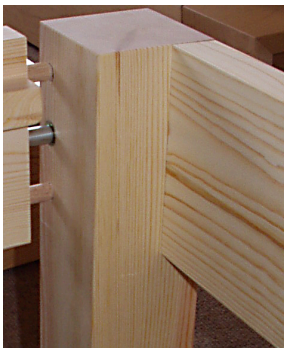
View the Zanskar on our website

Items included in bed flat pack are:

1 x headboard
1 x footboard
2 x side rails
1 x centre rail
1 x set of sprung beech slats
1 x set of double sprung beech slats and sliders
1 x set of plastic end caps (2 per slat)

Fixings:	4x threaded bolts	4x half-moon washers
	4x nuts	1x spanner
	8x wooden dowels	

1. Place the wooden dowels in the outer holes at the ends of the side rails, tap these in securely. (See images below)
2. Screw the four threaded bolts into the middle holes of the legs of the headboard and footboard panels. (See images below)



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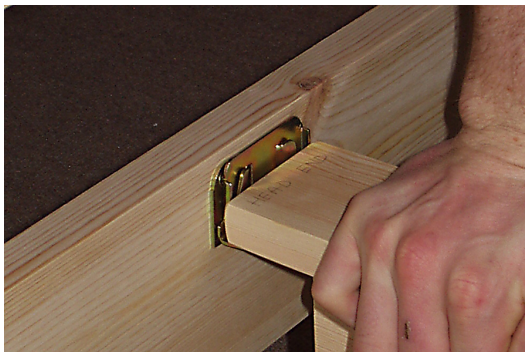
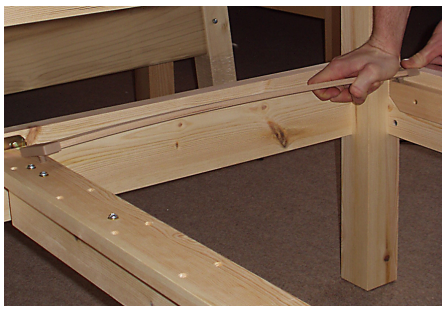
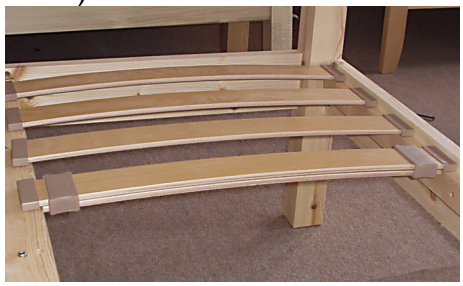
3. Attach the side rails to the footboard legs (see images on the previous page), then loosely secure using the half-moon washer and the nut with the spanner provided (see image below). In the same way attach the side rails to the headboard to create a full bed frame.



4. Ensure the frame is 'square' then fully tighten all of the nuts with the spanner.
5. Lower the centre rail onto the brackets and push down firmly into position – see second image above (unless you have ordered a single bed, these do not come with a centre rail)
6. Attach the end caps to the sprung slats (see image below): an end-cap slots on to each end of the slat (ensure the slat curves up in the in the middle and the 'peg' on the end cap points downwards)
7. Attach the slats to the bed frame by pushing the pegs of the end caps into the predrilled holes, which run along the upper side of the inner side rails/centre rail. (See image below)



Counting from the headboard end, the fourth slat will be a double slat (made up of an upper standard slat to which is attached a lower second slat via a plastic slider) – see image below. Slats 4-9 will be double slats, the others are standard single slats (see image below). Position the sliders at the outer edges of the slats.



We hope you enjoy your Natural Bed Company Bed!

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