

# Natural Bed Company

## Senegal Wooden Bed Assembly Instructions Single (.90x1.90m)



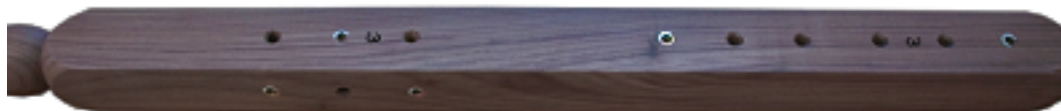
[View the Senegal on our website](#)

### Items included in bed flat pack are:

- 1 x upper headboard panel (with a rounded upper edge)
- 1 x lower headboard panel
- 1 x footboard panel (with a rounded upper edge)
- 2 x tall headboard legs
- 2 x shorter footboard legs
- 2 x side rails
- 1 x set of sprung beech slats
- 1 x set of double sprung beech slats and sliders
- 1 x set of plastic end caps (2 per slat)

Fixings:            8x threaded bolts            8x half-moon washers  
                      8x nuts                    1x spanner  
                      8x cam bolts (to fit into the fitted cams)  
                      1x hexagon key (to turn the cams)  
                      20x wooden dowels (some may already be fitted)

1. Lay one headboard leg on the floor as shown below:



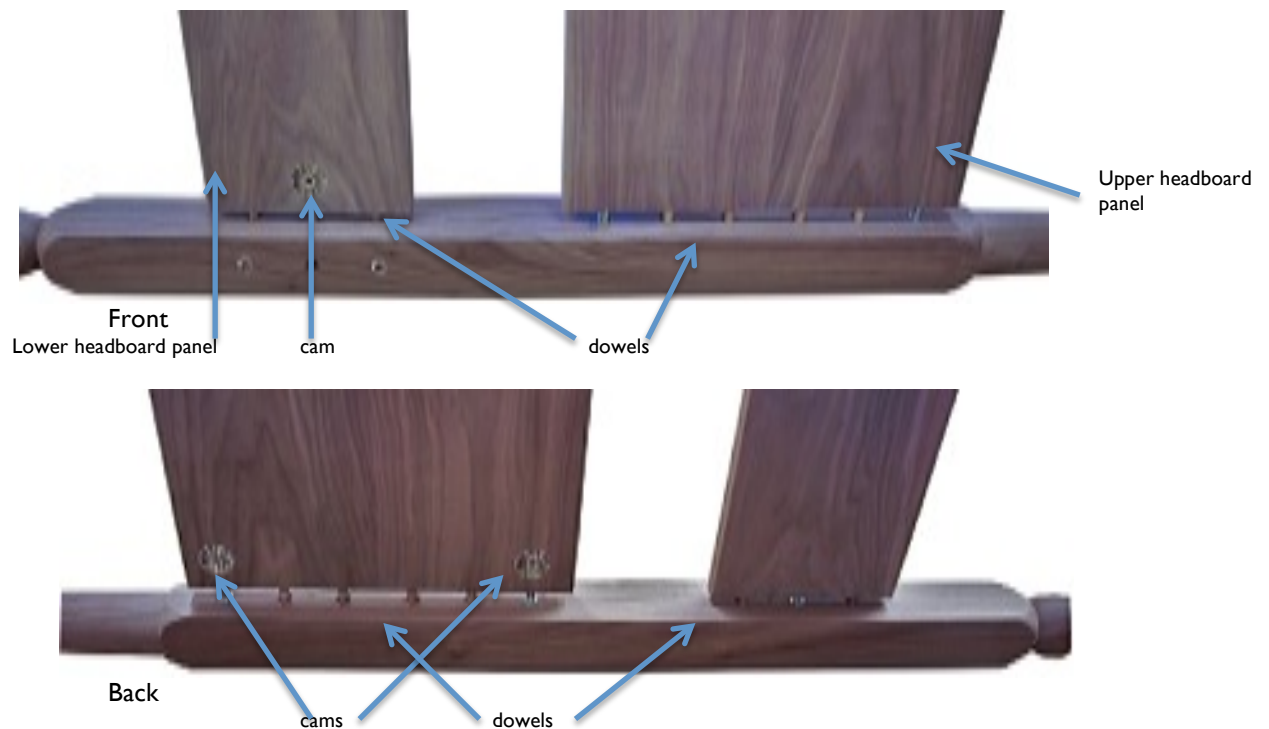
2. Screw 3 cam bolts into the leg as shown below:



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3. Insert the dowels into the edge of the headboard panels as shown below.

4. Matching the numbers on the legs with the same numbers on the ends of the panels, bring the upper headboard panel and lower headboard panel to the legs as shown below. The arrows on the metal cams must point towards the leg. NB: the circular metal cam on the lower headboard panel is on the inside of the bed frame – see the upper photo – where it will be hidden by the slat base/mattress. The lower photo has been taken from the other side and shows that the cams on the headboard panel are on the back of the bed (where they won't be seen when the bed is assembled and the back is against the wall).



5. Use the hexagon key to tighten all the cams:



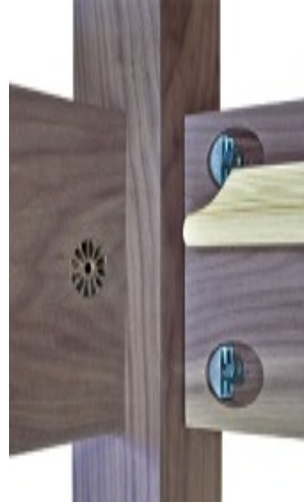
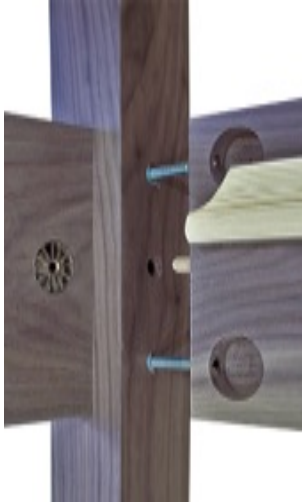
6. Complete the headboard assembly by connecting the other headboard leg in the same way.

7. Assemble the footboard in the same way as you have constructed the headboard (ensuring the cams are on the inside of the bed frame and so will be hidden by the mattress/slat base)

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8. Screw the threaded bolts into the metal inset nuts in the headboard and footboard legs and tap the wooden dowels into the ends of the side rails. Bring the side rail to the headboard leg (see images on the next page).

9. Place the crescent shaped washers and the nuts over the bolts and loosely tighten with the spanner. Connect to the footboard and then connect the other side rail to the headboard and footboard. Once all loosely connected ensure the frame is 'square' then tighten the nuts fully with the spanner.



11. Attach the end caps to the sprung slats (see image below): an end-cap slots on to each end of the slat (ensure the slat curves up in the middle and the 'peg' on the end cap points downwards)

12. Attach the slats to the bed frame by slotting the pegs of the end caps into the predrilled holes, which run along the upper side of the inner side rails. (See image below)



Counting from the headboard end, the fourth slat will be a double slat (made up of an upper standard slat to which is attached a lower second slat via a plastic slider) – see image below. Slats 4-9 will be double slats, the others are standard single slats (see image below).

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**We hope you enjoy your Natural Bed Company bed!**